**STROKE & BRAIN INJURY INTAKE**

If possible, please have you and/or your family members review the following topics to introduce you to the topic of how stroke or brain injury affects your vision:  
  
A short 3 minute overview from Neuro-optometric Rehabilitation Association on Brain Injuries and Vision (<https://youtu.be/K43BpUqhCBY>)

*A graphical demonstration on what common vision problems look like:* (<https://noravisionrehab.org/patients-caregivers/about-brain-injuries-vision/common-vision-problems-symptoms-following-a-brain-injury>)   
 *Dizziness & Balance Problems related to Vision*<https://noravisionrehab.org/patients-caregivers/about-brain-injuries-vision/dizziness-balance-problems-related-to-vision>

Vision problems are often overlooked during initial brain injury and sometimes may not present until days or months after the injury.

Vision rehabilitation will not eliminate missing spots/fields. Vision rehabilitation is a personalized therapeutic program designed to improve the efficiency of eye movements, eye teaming, and help the visual system integrate with other systems for balance and orientation.

Prescription prism glasses are frequently used as critical supports during a visual rehabilitation program. Dr. Ho highly recommends processing eyewear with her lab to ensure that this eyewear is made correctly. Although Ho Vision Group does not participate in any vision insurance plans (e.g. VSP, Eyemed), our staff are happy to print out an itemized receipt for you to claim out of network benefits. For more information about prism glasses, check out a demo by Dr. Ho on Rock Steady Boxing Music City (<https://youtu.be/UyyjU8fzEYU>)   
  
 **TO DO:** Bring previous/current glasses

Does your vision change when you are stressed or tired at the end of the day? YES / NO  
  
Is reading more difficult after your brain injury? YES / NO

Does vision ever appear distorted or missing? YES / NO

Do you fall or feel more off balance after your brain injury? YES / NO

Do you feel you can drive safely after your brain injury? YES / NO / NOT APPLICABLE  
  
Are you bothered by crowded places, scrolling screens, or car rides? YES / NO

**Other Resources:**   
1) Practical advice for family, friends, and caregivers of those with traumatic brain injury (https://www.brainline.org/caregivers/caregiver-basics)

2) My Stroke of Insight: Jill Bolte Taylor. Neuroscientist who had a stroke and author of book by the same title. (<https://youtu.be/UyyjU8fzEYU>)   
  
**Vision rehabilitation is just one part of the rehabilitation team.**Dr. Ho also will make appropriate referrals for occupational, physical, speech therapy, and other rehabilitation specialists if needed.

If you have seen another eyecare provider recently, please have your last medical notes mailed / faxed over prior. **Dr. Ho will dilate the eyes if a recent exam has not been completed or if deemed necessary.**