**LOW VISION INTAKE**

If possible, please have you and/or your family members review “Introduction to Low Vision” prior to your first examination: (<http://lowvision.preventblindness.org/2013/09/02/what-is-low-vision-rehabilitation/>)

**Low vision rehabilitation** is like physical therapy for someone who has lost a limb. Low vision will not eliminate missing spots (scotomas) or distortion spots in your vision. Its purpose is to develop strategies to maximize or substitute for reduced sight in order to maintain independence. This is accomplished through: **identification of visual goals**, **introduction to assistive devices/tools**, and/or **training**.

Many low vision devices do require additional training to be proficient during/after dispensing. Dr. Ho’s goal is to help you understand both the benefits and limitations of the low vision tool in order to support your visual goal(s).

What daily activities do you have difficulties doing as a result of your poor vision? They may be activities that you previously gave up but would like to do again.
Examples would include reading newspaper or reading food labels for health management, walking around indoors/outdoors, driving, or watching TV.

Please list up to 3 visual goals and be as specific as possible.

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3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 **TO DO:** Bring samples of your reading material if this is one of your goals.

Are you aware of areas of missing / distorted spots in your vision? YES / NO

Do changes of light affect your vision or visual function? YES / NO

Do you use any digital magnifiers including phones / laptops / computer screens? YES / NO

Have you used any magnifiers before? YES / NO DID THEY WORK FOR YOU? YES / NO
 **TO DO:** Bring previous/current glasses and/or magnifiers (even if not use)

Many magnification devices require the use of prescription glasses/contact lenses to focus at an appropriate work distance. Dr. Ho will perform a refraction to determine whether single or multiple prescriptions are beneficial for your case.

**Other Resources:**
1) Vision Aware (www.visionaware.org) – basic overview of eye conditions, everyday living tips (like home modifications), product reviews, low vision blog
2) Hadley Institute (https://hadley.edu/InstructionalVideos/) - how to configure your digital device for low vision optimization, braille services, local public resources
3) National Federation for the Blind (www.nfb.org)

**Low Vision rehabilitation is just one part of the team. It is still important for you to follow-up with your cornea/ retina/ glaucoma specialist to ensure that your eye health remains stable.** Please have your recent notes from your other eye care provider mailed / faxed over prior. **Dr. Ho will dilate the eyes if a recent exam has not been completed or if deemed necessary.**Dr. Ho also will also make appropriate referrals for orientation and mobility, occupational therapy, vocational rehabilitation, and other resources if needed.